



Planning Your Multi-Day Trip

Important Phone Numbers:

If you need any assistance or have an emergency, please call our main office line (301) 834-9950. If it is after hours, please call Brandon, (304) 514-9356, Jenn, (304) 707-6343, or John, (304) 582-9357.

Camping:

The camping on these multi-day trips is limited to river islands. The bank is private property. River islands are primitive camping and guests need to bring everything that they might need for their stay. A machete or hatchet might be needed to clear a space, but please try to leave the natural environment as intact as possible. Islands can also become muddy after periods of rain.

Fishing:

If you plan on fishing, anyone who is 16 years of age or older needs an appropriate fishing license. For fishing license information, you will need a [Maryland](#) or [Virginia](#) for the Potomac River trip and you will need a [Virginia](#) or [West Virginia](#) license for the Shenandoah River trip.

Packing List:

- a way to make a fire (matches, lighter, fire starter) (please be sure to follow [Leave No Trace Fire practices](#))
- knife, hatchet, or machete
- headlamp, flashlight, lantern, extra batteries
- first aid supplies
- sunscreen, lip balm, and bug repellent
- plenty of water for drinking, cooking, and personal hygiene (we recommend at least a gallon of water per person for drinking)
- a way to purify water if not bringing all of your own water
- plenty of food for meals and snacks
- stove, fuel, cooking utensils, eating utensils, bowls/plates/etc
- sleeping set up (hammock, tent, sleeping pad, sleeping bag, etc)
- cooler with ice if needed
- trowel, toilet paper, a way to pack waste out (please follow [LNT guidelines for disposing of waste](#))
- a way to store and pack out trash
- hand sanitizer

- protective sun clothing
- sleeping clothing
- water shoes/sandals
- credit card/cash for emergencies
- a power bank for charging phone in case of emergency
- River & Trail maps of stretch + important phone numbers

We hope you enjoy your trip, and we remind you to pack out everything you take with you on your trip. Help us preserve nature for our future generations to enjoy!